



PERCEIVE, BELIEVE, AND ACHIEVE

BASEBALL TRAINING

Big League

Tuesday Evenings

OCTOBER 6 - JANUARY 16

Instructed By

Current and Former Professional Players

High School Players / Coaches

Seattle Select Coaches

Register Today

Ages 8 - 13

\$350 per player

206-801-7905

www.showcase-sports.com

926 N 165th, Shoreline

PITCHING

- 5 step wind up
- stretch
- arm & body care

HITTING

- balance
- approach
- weight shift

FIELDING

- infield
- outfield
- footwork

CONDITIONING